

# BREAKFAST

(served all day)

REGRETTABLY WE'RE UNABLE TO ACCOMMODATE ALTERATIONS OR SUBSTITUTIONS

## SCOFFS ENGLISH £8.95

Butchers sausage, thick cut bacon, fried egg, roasted tomato, Heinz beans, mushrooms, hash brown, toast.

**VEGGIE?** 2 vegetarian sausages, fried egg, roast tomato, Heinz beans, mushrooms, hash brown, toast.

**VEGAN?** 2 vegan sausages, scrambled tofu, roast tomato, Heinz beans, mushrooms, hash brown, toast.

## DOUBLE ENGLISH £11.95

2 butchers sausage, 2 thick cut bacon, 2 fried egg, roasted tomato, Heinz beans, mushrooms, hash brown, toast.

**VEGGIE?** 3 vegetarian sausages, fried egg, roast tomato, Heinz beans, mushrooms, 2 hash brown, toast.

**VEGAN?** 3 vegan sausages, scrambled tofu, roast tomato, Heinz beans, mushrooms, 2 hash brown, toast.

## BREAKFAST SANDWICH

(1 filling £4.95 / 2 fillings £6.50 / 3 fillings £7.95)

Chunky sliced bloomer bread stuffed full of your chosen fillings...

Thick Cut Bacon / Butchers Sausage / Fried Egg / Veggie Sausage

GF Bread  
available  
(+50P)

## SMOKED HADDOCK BRUNCH POT £12.95

Smoked Haddock in a creamy spinach & spring onion sauce, topped with parmesan cheese and fried egg.  
Served with bloomer toast.

## CRAB RAREBIT £13.95

Bloomer toast, White Newlyn crab, mature cheddar, Dijon mustard, Worcester sauce.

## BALSAMIC TOAST [V] £9.95

Sweet balsamic onions & melted Cornish mature cheese on thick bloomer toast

## CROQUE MONSIEUR £10.95

West Country ham, fresh tomato, creamy bechamel & grilled mature cheddar cheese on thick bloomer toast.

**MAKE IT A CROQUE MADAME?? Add an extra fried egg (+£1.50)**

## AUSSIE TOAST [VE] £10.95

Thick bloomer toast loaded with smashed avocado, marmite & cherry tomatoes - delightfully moreish!  
(add an egg £1.50).

## BLOODY MARY ANYONE?

Sample THE best Bloody Mary... 50ml vodka,  
perfectly seasoned spiced tomato juice,  
lemon & Worcester Sauce. £7.95

## OR GIN SUNRISE?

Great with breakfast! A deliciously refreshing cocktail with  
Gin(50ml), fresh blood orange, lime & ginger £7.95

## EXTRAS (£1.50)

Black pudding  
Smashed Avocado  
Hash Browns(£1)  
Mushrooms / Egg  
Sausage / Bacon  
Smoked Salmon (£3)  
Side of Crab, 110g (£9.95)

A discretionary 10% service charge is included on all bills - 100% of which goes to our fabulous team

# BRUNCH

(served all day)

[GF] MANY OF OUR DISHES CAN BE ADAPTED GLUTEN FREE (50p surcharge). PLEASE SPEAK TO YOUR SERVER.  
[ALLERGENS] - PLEASE INFORM STAFF OF ANY ALLEGIES OR INTOLERANCES. As we handle a variety of ingredients in our kitchen, we cannot guarantee food is 100% free from certain allergens.

## THE SMOKER £10.95

Thick bloomer toast, 3 free range scrambled eggs, melted Applewood smoked cheese, Cornish smoked bacon.

## HEALTHY BREAKFAST [V] £10.95 (only available until midday)

Granary toast, spinach, 2 free range poached eggs, houmous, avocado, oven roasted tomato.

**VEGAN?** Scrambled Tofu instead of eggs

## EGGS BENEDICT £10.95 (only available until midday)

Toasted muffin, 2x poached eggs & homemade hollandaise. Choose from...  
Bacon / Spinach / Smashed Avocado

## SCOTTISH SALMON £10.95

Thick bloomer toast, 3 free range scrambled eggs, oak smoked salmon.

## POSH EGGS [V] £10.95

Bloomer toast, 3 free range scrambled eggs, melted goats cheese, smashed avocado.

## WAFFLE STACK £8.95

Real butter Belgian waffles coated with pearl sugar.

Choose your toppings...

Bacon & syrup / Nutella & Whipped Cream

## EGGS ON TOAST £5.95 (only available until midday)

Choose 2x poached, scrambled or fried

## BEANS ON TOAST £5.95 (only available until midday)

Heinz baked beans on bloomer toast

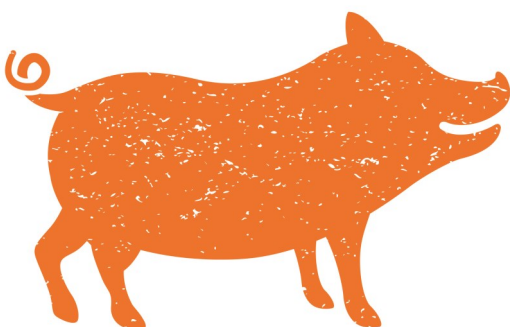
## TEA CAKE £3.95

Toasted fruit tea cake, butter & preserves

## TOAST £3.95

Two thick slices of toasted bloomer, with Cornish butter & preserves

GF Bread  
available  
(+50P)



## EXTRA ITEMS (£1.50)

Black pudding

Smashed Avocado

Hash Browns (£1)

Mushrooms / Egg

Sausage / Bacon

Smoked Salmon (£3)

Side of Crab, 110g (£9.95)

# LUNCH

(served from 12pm)

## **SOUP [ve] £6.95**

Hearty homemade soup served with fresh bread & butter - Check our specials board for today's options.

## **GOOD OLD LASAGNE £12.95**

Classic beef lasagne served with chunky chips.

## **THE CUBAN £13.95**

Toasted ciabatta, layered with pastrami, English mustard, Cornish ham, smoked cheese, gherkins & mayo.  
Chunky chips

## **ONE MINUTE! £14.95**

Prime sirloin steak, rocket & mayo. Served on a ciabatta roll with chunky chips & peppercorn sauce

## **CRAB NACHOS £16.95**

Mature cheddar cheese topped nachos, lightly dressed white crab, guacamole, pineapple salsa & chilli flakes.

## **CHICKEN BURGER £12.95**

Southern fried chicken goujons, rocket, fresh tomato, mayo. Chunky chips.

## **CHILLI DOG £13.95**

Bockwurst hot dog topped with homemade beef chilli & mature cheddar cheese.  
Chunky chips.

## **SOUTHERN FRIED CHICKEN £12.95**

Spicy southern fried chicken breast & chunky chips with Piri-Piri dip. Finger licking good!

## **SCAMPI DOG £12.95**

Wholetail scampi, fresh tomato, rocket, mayo served in a soft deli roll. Chunky chips

## **CORN FRITTERS [v] £12.95**

Spicy sweetcorn fritters, loaded with pineapple chutney, cheddar cheese & a fried egg.  
Served with a rocket & tomato side salad

## **HALLOUMI BURGER [v] £12.95**

Crispy crumbed halloumi fingers, pineapple chutney, rocket, tomato.  
Chunky chips.

## **POSH TOAST [v / ve] £12.95**

Smashed avocado, Dukkha spice (pistachio/pumpkin seed) toasted chickpeas & tahini dressing loaded onto Bloomer Toast. Rocket & cherry tomato side salad. (Staff loved - it's delicious). **(Add goats cheese £1.50)**

## **BAKED POTATO £10.95**

Fluffy baked potato with a topping of your choice, served with rocket & cherry tomato side salad. Choose from...  
**Beef Chilli & Cheese / Heinz baked beans & mature cheddar cheese / Tuna mayonnaise**

## **HALLOUMI BOWL [ve] £12.95**

Crispy Bread Crumbed Halloumi Cheese, Rocket, Cherry Tomatoes, Dukkha Spice, Quinoa & Smashed Avocado.

## *SIDES*

**THICK CUT CHIPS (£3.50)**

**CHEESY CHIPS (£4.50)**

**CRISPY BREADED HALLOUMI & sweet chilli dip (£4.50)**

# SANDWICHES

(served from 12pm)

## Local Crab Sandwich £13.95

White crab dressed in lemon & chive mayo

- [2] West country cheddar, Caramelized Red Onion Chutney, Rocket & Tomato [v] **£9.95**
- [3] Moving Mountain FishLESS Fingers, Rocket, Tomato & Salt & Vinegar Mayo [ve] **£9.95**
- [4] Tuna mayo, pesto, sundried tomato **£9.95**
- [5] Smoked bacon, smoked cheddar, caramelised red onion chutney **£9.95**

**ADD A SIDE?**  
**Chips (£3.50)**  
**Halloumi**  
**Fries (£4.50)**

# KIDS

(served from 12pm) **£7.95**

- Hot dog & chips
- Southern fried chicken & chips
- Fish finger sandwich
- Fish fingers, chips & peas

### **Build your own sandwich...**

Choose any 2 fillings from...  
Ham / Cheese / Tomato / Tuna Mayo  
**SERVED WITH TORTILLA CHIPS**

